

South West Essex Integrated Musculoskeletal Service

Aches becoming a right pain?

Did you know that you can self-refer to your local physiotherapy service without the need to see your GP?



I completed an immediate digital initial assessment via PhysioNow®

Visit www.connecthealth. co.uk/resources/ physionow

Access further information including eligibility criteria and resources



Alternatively, please call 01268 904 102 and our Patient Care Coordinators will be happy to help.

🔇 Lines are open during working hours.

Service provided by:

